

Principal Testimonials



Phil Toomer
Former Principal of Glenavon School

“InnerFit kids resource supported the teachers’ programmes, and I think the reason that this is important is that they own it and they are able to deliver it with confidence, rather than just picking up a lesson in isolation.”

“We chose to go with InnerFit Kids because first of all, we knew their reputation. I had worked with InnerFit previously. Sue and Ken and the team were just outstanding and so we knew that the people inside the organisation were great,” says Phil.

“Their vision really aligned with ours, teaching character through sport...Having a real synergy between those two things was really important, and so it was a no-brainer for us to pick it up and run with it at Glenavon.”

The InnerFit Kids content helped the school to build their rubric around what was expected in

the playground, in the class, and their school culture.

“We didn't brand the exact same words, but we weaved in the language from InnerFit Kids with our expectations as a school, so that was really, really cool for us.”

The fact that it was a resource, and not a ‘programme’, meant that it supported the teachers’ programmes, a factor that Phil felt was important. It meant they owned it and were able to deliver it confidently versus just picking up lessons in isolation.